

BEING IN THE MOMENT WITH YOUR CHILD (A MENTOR MOM© CLASS)

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Prepared for the 2009 LDSEHE Home Education Conference in Buena Vista, Virginia

Love Language Evaluation  
For Children

*Within each group assign a number from 1 to 5, with 5 representing what your child MOST appreciates and makes them feel the MOST loved, and 1 representing what they LEAST appreciate. Sentences in each group should be ranked from 1 to 5 and each number must be used once. No repeating numbers with a group. When you are done, you can transfer your scores to the score sheet at the end. The highest total may be your primary love language.*

**Group One**

- A \_\_\_ Mom or Dad says, "You really did a great job on that. I appreciate it!"
- B \_\_\_ Mom or Dad unexpectedly does something in or around the house or your room that you appreciate.
- C \_\_\_ Mom or Dad brings you home a surprise treat from the store.
- D \_\_\_ Mom or Dad invites you to go on a leisurely walk just to chat.
- E \_\_\_ Mom or Dad makes a point to embrace and kiss you before leaving the house.

**Group Two**

- A \_\_\_ Mom or Dad tells you how much he or she appreciates you.
- B \_\_\_ Mom or Dad volunteers to type your homework for you.
- C \_\_\_ Mom or Dad brings you home a special treat from the bakery.
- D \_\_\_ Mom or Dad invites you to sit down and talk about your day.
- E \_\_\_ Mom or Dad gives you a hug even when you are just passing by room to room.

**Group Three**

- A \_\_\_ Mom or Dad during a party shares about a recent success you had.
- B \_\_\_ Mom or Dad cleans up your car or room.
- C \_\_\_ Mom or Dad surprises you with an unexpected gift.
- D \_\_\_ Mom or Dad surprises you with a special afternoon trip.
- E \_\_\_ Mom or Dad holds your hand as you walk through the mall or stands by your side with an arm around your shoulder at a public event.

**Group Four**

- A \_\_\_ Mom or Dad praises you about one of your special qualities.
- B \_\_\_ Mom or Dad brings you breakfast in bed.
- C \_\_\_ Mom or Dad surprises you with a membership to something you always wanted.
- D \_\_\_ Mom or Dad plans a special night out for the two of you.
- E \_\_\_ Mom or Dad will personally drive you to an event instead of you having to go on the bus with the team.

**Group Five**

- A \_\_\_ Mom or Dad tells you how much his or her friends appreciate you.
- B \_\_\_ Mom or Dad takes the time to fill out the long complicated applications that you had hoped to get to this evening.
- C \_\_\_ Mom or Dad sends you something special through the mail.
- D \_\_\_ Mom or Dad surprises you for lunch and takes you to your favorite restaurant.
- E \_\_\_ Mom or Dad gives you a massage.

Put your totals from each group in the columns below:

	Encouraging Words	Acts of Service	Gift-giving	Quality time	Touch
1	A ___	B ___	C ___	D ___	E ___
2	A ___	B ___	C ___	D ___	E ___
3	A ___	B ___	C ___	D ___	E ___
4	A ___	B ___	C ___	D ___	E ___
5	A ___	B ___	C ___	D ___	E ___
<b>Ttl:</b>	A ___	B ___	C ___	D ___	E ___

*Based on the book "The Five Love Languages" by Gary Chapman*

## QUOTES

"There is one language, however, that is common to each missionary [or person regardless of native tongue]—the language of the Spirit. It is not learned from textbooks written by men of letters, nor is it acquired through reading and memorization. The language of the Spirit comes to him who seeks with all his heart to know God and keep His divine commandments. Proficiency in this language permits one to breach barriers, overcome obstacles, and touch the human heart." (*The Spirit Giveth Life by Thomas S. Monson*)

"The thought of the Spirit having a language all his own that I could become even more familiar with was a huge insight to me and an answer to my prayers. Then the question came to my mind - How well did I speak it compared to the languages of complaining, the language of loss, the language of materialism, the language of me, the language of gossip, the language of victim, the language of crisis, the language of competition, or the language of pride?" (*Julie Hansen*)

A mission president in Brazil was privileged to spend some time with a General Authority. He asked what it took to be a General Authority. The man said that it was both easy and hard. He said that he had to start each day with a prayer. Then stay praying until he felt the Spirit. The other thing was that he needed to pay such close attention to the presence of the Spirit that he would notice if it left him. If it ever left him, then he would pray until it came back. The two men went to a Brazilian restaurant. They walked in the door, and then the General Authority walked right back out. My friend's father-in-law asked the man if there was a problem. The General Authority said, "The Spirit won't let me go in there." This was a popular restaurant, and they had a reservation. They left the popularity and the reservation and went to another restaurant. This time the General Authority said, "I'll tell you what, I'll go in first this time to see if it is safe." (*Nicholeen Peck told this story at the LDSEHE 2008 conference - a life changing story for me*)

"If you don't feel the Spirit-don't you even try to teach." (*Dr. Glen Kimber*)

## RESOURCES

\*\*\*\*The Spirit Giveth Life by Thomas S. Monson\*\*\*\*

\*Creative Family Times by Allen Hadidian and Will Wilson

\*The Five Love Languages of Children by Gary Chapman

\*The Family You Always Wanted by Gary Chapman

\*Gary Chapman's website for love languages at: [fivelovelanguages.com](http://fivelovelanguages.com)

\*My blog has three years of homeschooling pictures and "mini ritual" ideas at: [hansenparty.blogspot.com](http://hansenparty.blogspot.com)

\*Making Ordinary Days Extraordinary: Great Ideas For Building Family Fun And Togetherness by Gloria Gaither and Shirley Dobson

\*I Love You Rituals by Becky A. Bailey

\*Playful Parenting by Lawrence J. Cohen

\*How To Really Love Your Child by Ross Campbell

\*How To Talk So Your Child Can Learn by Adele Faber and Elaine Mazlish

\*How To Talk So Children Will Listen And Listen So Children Will Talk by Adele Faber and Elaine Mazlish

\*Nicholeen Peck's website at: [teachingselfgovernment.com](http://teachingselfgovernment.com)