

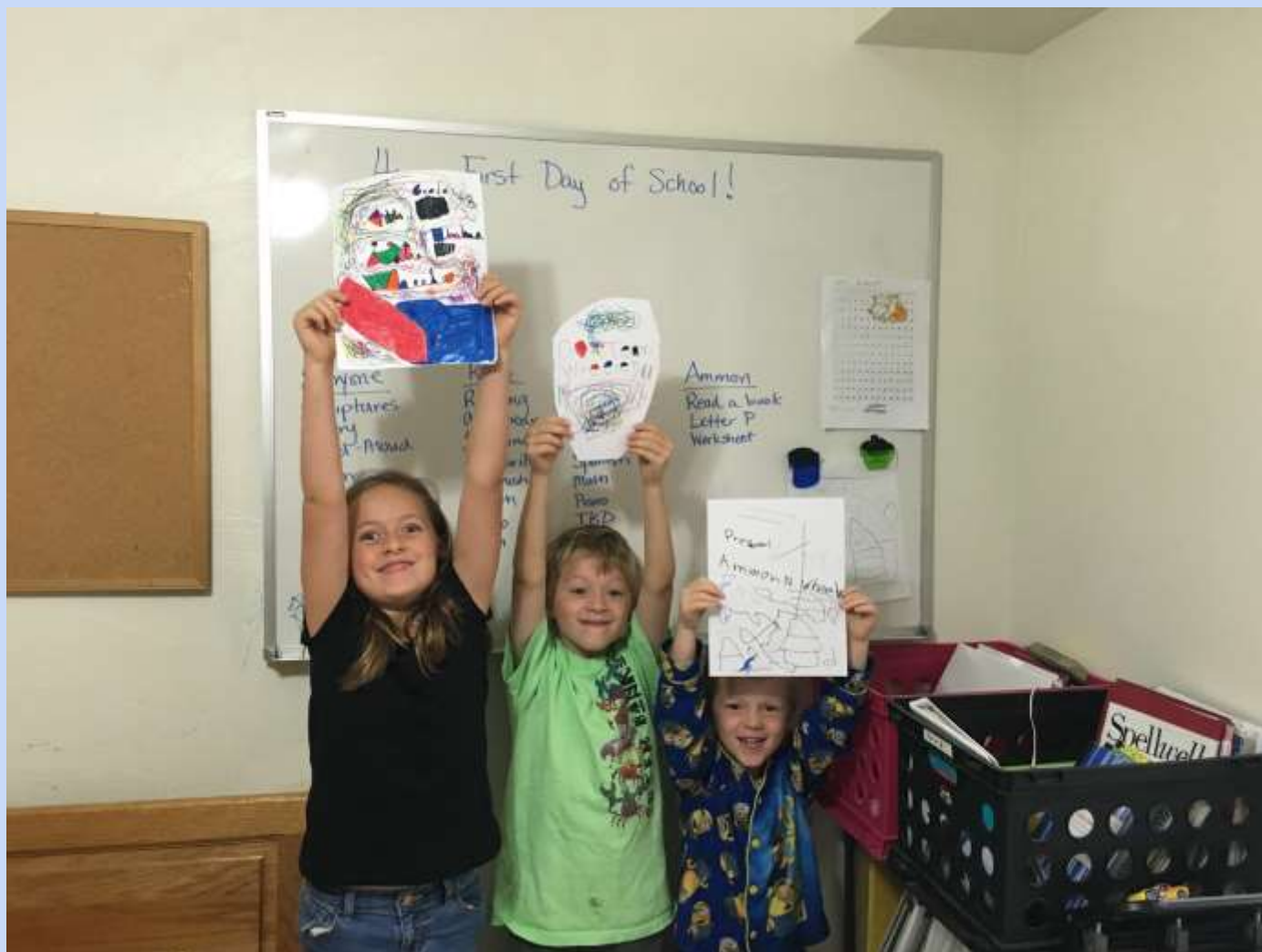
Do It Afraid

LDSHE-East 2017

Jen Wheeler

“Who among us can say that he or she has not felt fear? I know of no one who has been entirely spared. Some, of course, experience fear to a greater degree than do others. Some are able to rise above it quickly, but others are trapped and pulled down by it and even driven to defeat. We suffer from the fear of ridicule, the fear of failure, the fear of loneliness, the fear of ignorance. Some fear the present, some the future. Some carry the burden of sin and would give almost anything to unshackle themselves from those burdens but fear to change their lives.

Let us recognize that fear comes not of God, but rather that this gnawing, destructive element comes from the adversary of truth and righteousness. Fear is the antithesis of faith. It is corrosive in its effects, even deadly.” ~Gordon B. Hinckley







You've
Got
Mail



So I Made a List!!!

I Listed All of the Things that Terrified Me:

I Listed All of the My Concerns:

- What if she never rides a school bus?
- What if mess I up my child?
- What if she doesn't get to go to prom?
- What is she is odd?
- What if I mess her up?
- What if I don't know what to teach?
- What if I forget something?
- What if I fail?
- What if I don't know how to teach something?
- What if I don't teach her everything?
- What if she doesn't have any friends?
- What if she doesn't learn how to stand in line?
- What if I am not patient enough?
- What if I don't have enough time?
- How am I supposed to get the laundry done...;)

“For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.” ([2 Tim. 1:6–7.](#))

Start Crossing Things Off My List

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She was His Child before she was mine



Now 6 years later:

- What if she never rides a school bus?
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So every day will be easy, right?



12 Steps of Overcoming Fear in your Homeschool:

List of all of your strengths and talents.

List of all of your children's strengths and talents individually.

List all the people who are your support system.

List all the things you are excited about.

Post these lists in a prominent location.

List of all the things that scare you about homeschooling.

Put it away where it can't easily be retrieved

Prayerfully ask your Father in Heaven what He would have you do.

When you receive confirmation of the path He would like to you take, write down your impressions.

Construct a short statement detailing why, you are deciding to homeschool your kids.

Post in a place where you can see it daily.

MOVE FORWARD WITH FAITH!!!

God Hath Not Given the Spirit of Fear!



What God Leads You To, He Will Lead You Through!



There is no one perfect way
to be a good mother.

Each situation is unique.
Each mother has different challenges,
different skills and abilities,
and certainly different children. . . .

What matters is that a mother

loves
her children
deeply . . .

~ Elder M. Russel Ballard

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**“REMOVE ANY OF
YOUR FEAR
WITH FAITH.
TRUST THE POWER
OF GOD
TO GUIDE YOU.”**

- ELDER M. RUSSELL BALLARD