

## Everyone CAN Help

Debi Tonks

---

### What We Will Cover:

1. Skill levels of kids
2. 3 Stages to Home Management
3. Sensory involvement
4. Quality time behavior
5. What to do when frustration hits

### Working with Kids:

- Goal is to teach the skill, but how that's done can be adjusted for them. So many possibilities!
- Stay flexible and keep it light.
- Remember, creativity just means taking two ideas and putting them together in a new way.

### Dividing Up the Work:

- Tidying
- Cleaning
- Deep Cleaning
- Daily Do's - Platypus

### Know Your Kids:

1. Sensory
  - Avoidance
  - Seeking
2. Personality Type

### Skill Level:

- Gross motor skill
- Fine motor skill

### Stage:

- 0-7: Play
- 8-12: Challenge
- 13-18: Manager

1. Lots of different systems, usually breaks down to this:

- Lots of energy:
  - Artistic
  - Athletic
- Less energy:
  - Calm, focused on others
  - Rule driven

## Enjoy Your Kids:

- Quality Time
  - Cleaning shouldn't be done in a vacuum (hehe)
- Make things easier
  - Make it easy for them to get what they need for their task
- Fun - Inspiring
  - Go through senses:
    - What do your kids love? Add it!
    - What do your kids hate? Get rid of it!

## Frustration:

- Never try to do something when you or they are frustrated.
- A break won't turn them lazy.
- It's more important to find what will work than to force it now.