

Conquering the Morning Madness

Mindi Eldredge

- Create a Morning Routine
- Transfer Responsibility to Your Children
- Display Expectations
- Teach Hard Work, Responsibility, and Work Ethic
- Teach Step By Step

“Steps for building skills in children:

first we do it for them,

then we do it with them,

then we watch them do it,

then they do it completely independently.”

-Julie Lythcott-Haims

How To Raise An Adult

- Hold a Daily Morning Meeting or Devotional

“We are what we repeatedly do.
Excellence, then, is not an act, but a habit.”

-Aristotle

Motivating Children to Participate in Daily Routines and Chores

- Hold a Family Meeting
- Involve the Children in the Process
- Help the Children Understand They Are Needed
- Be Patient
- Give Heartfelt Praise
- Identify Needs and Learning Styles
- Identify Each Child’s Motivational Currency
- Start Small and Gradually Increase Responsibilities
- All Natural Consequences to Take Place
- Be Consistent

“Involve people in the problem, immerse them in it, so that they soak it in and feel it is their problem and they tend to become an important part of the solution.”

-Stephen R. Covey

